



ARAB WOMEN'S
SAILING
CHAMPIONSHIPS
OMAN 2026



MUSSANAH
RACE WEEK
15TH EDITION

NOTICE OF RACE

15 - 21 October 2026 • Barcelo
Mussanah Resort



15th Editin Mussanah Race Week
3rd Arab Sailing Championship for Women
15-21 October 2026
Barceló Mussanah Resort, Sultanate of Oman

Notice of Race (NoR)

Oman Sail, in co-operation with the Oman Maritime Sports Committee and the Arab Sailing Federation, are pleased to invite sailors to take part in the 15th edition of Mussanah Race Week and the 3rd Arab Sailing Championship for Women, to be held at Barceló Mussanah Resort, Sultanate of Oman, from the 15th to the 21st October 2026.

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1. RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The following other documents under RRS Definition 'rule' (g) apply. The current version is published on the official notice board.
 - Support Persons Regulations (SPR)
 - Athlete Media Regulations (AMR)
 - Standard Penalties (SP)
- 1.3 No national authority prescriptions apply.
- 1.4 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 1.5 Appendix P, Special Procedures for RRS 42, applies. RRS P2.3 is deleted and RRS P2.2 is changed so that it applies to any penalty after the first one.
- 1.6 If there is a conflict between languages the English text takes precedence.

2. SAILING INSTRUCTIONS

The sailing instructions will be available from 15 October 2026

3. COMMUNICATION

- 3.1 The official notice board is located here: <https://www.racingrulesof-sailing.org/documents/13834/event>
- 3.2 The Organizing Authority will share complementary on Telegram. The channel can be joined here: [link]
- 3.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the SIs.
- 3.4 [DP] While racing, except in an emergency or when using media or tracking equipment provided by the organizing authority, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. ELIGIBILITY AND ENTRY

- 4.1 Mussanah Race Week is open to competitors of both genders and from all MNAs. The Arab Sailing Championships for Women is open to female competitors, nationals of MNAs which are current members of the Arab Sailing Federation.
- 4.2 For Mussanah Race Week, boats may enter as follows:

CLASS	AGE GROUP
Optimist Juniors	Born in 2015 or later
Optimist	Born in 2011 or later
ILCA 4	Born in 2009 or later
ILCA 6	Open
ILCA 7	Open
Parasailing RS Venture	Open
Parasailing Hansa 303	Open

- 4.3 For the Arab Sailing Championships for Women, boats may enter as follows:

CLASS	AGE GROUP	BOATS per MEMBER
Optimist	Born in 2011 or later	5
ILCA 4	Born in 2009 or later	2
ILCA 6	Open	2

- 4.4 Eligible boats may enter by completing the entry form [link] and submitting it, together with the required fee, by 13 September 2026. For the Arab Sailing Championships for Women, the entry shall be submitted by the MNA.
- 4.5 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.6 Competitors shall sign the registration form in person and provide the following documentation during the on-site registration:
- Proof of age and nationality
 - For competitors under the age of 18, parental/legal guardian consent and medical treatment permission.
- 4.7 Late entries may be accepted at the discretion of the organizing authority and will be charged an additional USD 50 late entry penalty.

5. FEES

- 5.1 The entry fee for the regatta will be 160 USD + 5% VAT.
- 5.2 Late competitor entries accepted at registration may incur a late entry fee of 200 USD + 5% VAT.
- 5.3 The entry fee shall be paid by credit card online, or by bank transfer to:
- Account Name: OMAN SAIL LLC
Account No: 0463002734340091
Bank: BANK MUSCAT
Branch: Opera House, Muscat, Oman
SWIFT: BMUSOMRXXXX
IBAN: IBAN is not applicable in Oman
- 5.4 Entry fees are not refundable.

6. [DP] ADVERTISING

- 6.1 Boats may be required to display advertising chosen and supplied by the organizing authority.
- 6.2 The organizing authority may provide bibs that competitors are required to wear as permitted by the World Sailing Advertising Code.

7. QUALIFYING SERIES AND FINAL SERIES

The event may consist of a qualifying series and a final series if there are more than 80 entries in a class.

8. SCHEDULE

8.1 Schedule

15 October	Official Arrival Day Registration Boat Allocation and Equipment Inspection	0900-1200 1000-1600
16 October	Registration Boat Allocation and Equipment Inspection	0900-1200 1000-1600
17 October	Competitors' Briefing Practice Race Opening Ceremony	1100 1400 1830-2100
18 October	Races	TBC
19 October	Races	TBC
20 October	Races	TBC
21 October	Races Prize Giving and Closing Ceremony	TBC
22 October	Official Departure Day	

8.2 Number of races:

CLASS	Total Races Scheduled	Max per day
Optimist	12	4
ILCA 4	12	4
ILCA 6	12	4
ILCA 7	12	4
RS Venture	12	4
Hansa 303	12	4

- 8.3 The scheduled time of the warning signal for the first race each day will be posted before 1800 on the previous day.
- 8.4 From 18 October, there will be a daily competitors' briefing, 90 minutes before the first warning signal.
- 8.5 On the last scheduled day of racing no warning signal will be made after 1400

9. EQUIPMENT INSPECTION

- 9.1 [DP] Boats shall be available for equipment inspection after registration
- 9.2 For the purposes of RRS 78.1, competitors are considered to be the owners.

10. VENUE

- 10.1 The event venue is the Barceló Mussanah Resort, Wudam Al Sahil, Mussanah, Sultanate of Oman. Location:
- 10.2 The racing areas will be on the waters off the Barceló Mussanah Resort.

11. COURSES

The courses to be sailed will be described in the Sailing Instructions.

12. PENALTY SYSTEM

The intention is to appoint an international jury as provided in RRS 91(b).

13. SCORING

- 13.1 3 races are required to be completed to constitute a series.
- (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- (b) When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 13.2 To request correction of an alleged error in posted race or series results, a boat may submit a scoring enquiry through the online platform.

14. SUPPORT PERSON VESSELS

Support persons and support person vessels shall register and shall comply with the Support Team Regulations.

15. CHARTERED OR LOANED BOATS

A chartered or loaned boat may carry national letters or a sail number in contravention of her class rules.

16. [DP] BERTHING

Boats shall be kept in their assigned places while in the boat park or the harbour, as appropriate.

17. [DP] HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the event except with and according to the terms of prior written permission of the technical committee. .

18. [DP] DIVING EQUIPMENT AND PLASTIC POOLS

- 18.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the event.
- 18.2 Keelboats shall not be cleaned below the waterline by any means between the preparatory signal of the first race and the end of the event.

19. DOPING CONTROL

World Sailing rules and regulations concerning the use of banned methods and substances, which are contained in the World Sailing Anti-Doping Code apply. Drug testing may take place at any time during the event.

20. DATA PROTECTION

- 20.1 With registration the competitor or support person agrees on data usage as defined in this data protection and privacy notice.
- 20.2 Any personal information and data given to the organizers will be used only as follows:
- (a) All data regarding participating competitors, support personnel and their boat will be processed and archived for the purpose of this event and events of similar nature that might be of interest to the participant.
 - (b) Personal information contains the participant's real name, date of birth, home club, boat type, boat number, address data, mobile phone, email address and emergency contact information. In particular, results, calculatory and visual analyses, position monitoring and race analyses will be published with reference to the competitors' names.

21. RISK STATEMENT

- 21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 21.2 The Organizing Authority and all parties involved in the event organization will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

22. MEDIA RIGHTS AND EQUIPMENT

- 22.1 By participating in the event, competitors and support personnel automatically grant to the organizing authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the competitor during and after the period of the event without compensation.
- 22.2 Boats may be required to carry cameras, and other media equipment, as specified and supplied by the organizing authority.
- 22.3 Boats may be required to carry tracking devices
- 22.4 Flying drones above and around the venue and the field of play is prohibited, except for drones controlled by the organizing authority.

23. [NP] INSURANCE

- 23.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of USD 1.500.000,00 per incident or the equivalent.
- 23.2 The Organizing Authority is not responsible for verifying the status or validity of insurance certificates

24. PRIZES

- 24.1 Prizes will be given to the top boats in each gender in the the following categories/divisions:

Arab Sailing Championship for Women

Optimist

ILCA 4

ILCA 6

Mussanah Race Week

Optimist Juniors

Optimist Girls

Optimist Overall

ILCA 4 Girls

ILCA 4 Overall

ILCA 6 Girls

ILCA 6 overall

ILCA 7

RS Venture

Hansa 303

- 24.2. When there are 5 or more entries in a category, the top 3 boats will be awarded.
- 24.3. When there are 4 entries in a category, the top 2 boats will be awarded.
- 24.4. When there are 3 entries in a category, the top boat will be awarded.

25 FURTHER INFORMATION

For further information please contact:

Hamed Alyahmadi

Contact Number: 00968 95179530

Email: hamed.alyahmadi@omansail.com